

It Takes a Team: From Pressure Ulcer Prevention to Treatment

Pressure Ulcer Prevention Coalition & Elk's Wound Center

4th Annual Consensus Meeting

Friday, November 5 & 6, 2010 | Up 8 CEUs Available [pending approval**]!

Friday, November 5, 2010	
7:00am-8:00am	<i>Registration, Check-In, Breakfast, & Exhibit Visits</i>
8:00am-8:15am	<p>Welcome & Introduction <i>Raymond Otto, MD, FACEP, Medical Director, Director of Hyperbaric Medicine, Elks Wound Center</i></p>
8:15am-9:15am (1)	<p>Pressure Ulcers & Medicare <i>Courtney H. Lyder, ND, GNP, FAAN, Dean and Professor, School of Nursing Assistant Director, UCLA Health System, University of California, Los Angeles</i> This presentation will review current Medicare programs and initiatives regarding wound care.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Understand pay for performance in the healthcare system • Understand the fundamentals of continuous assessment, resources, and evaluation tool
9:15am-10:15am (1)	<p>Ultrasound in the Treatment of Pressure Ulcers and Other Chronic Wounds: State of the Evidence <i>Teresa Conner-Kerr, PT, Ph.d, CWS, CLT, Chair & Professor, Department of Physical Therapy, Winston-Salem State University, North Carolina</i> In this session, the biological effects and clinical effectiveness of both low and high frequency ultrasound on chronic wounds including pressure ulcers will be discussed. A systematic review of the literature will be used to make best practice recommendations. Gaps in the literature and future research areas will be highlighted.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Identify biological mechanisms underlying the effects of ultrasound • Identify the differential effects of high versus low frequency ultrasound on wound healing and bioburden management • Identify best practice guidelines for ultrasound treatment of pressure ulcers and select appropriate recommendations for implementation in their clinical setting <p><i>Presentation sponsored by Arobella: www.arobella.com</i></p>
10:15am- 10:45am	<i>Break & Exhibit Visits</i>
10:45am-11:45am (1)	<p>Wound Healing & the Role of Nutrition <i>Mary Litchford, PhD, RD, LDN, President, CASE Software & Books, Greensboro, North Carolina</i> This session will focus on the major nutrition issues associated with skin breakdown and slow wound healing. The role of inflammatory processes and other common denominators of declining nutritional status that preclude involuntary weight loss and skin break down will be examined. Macronutrient and micronutrient needs and the latest nutrition related NPUAP/EPUAP Guidelines for Prevention and Treatment of Pressure Ulcers will be discussed.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Identify major nutrition issues associated with wounds • Examine factors that contribute to IWL & slow healing wounds • Discuss current clinical nutrition practice recommendations for wounds • Discuss nutrition interventions to standardize care <p><i>Presentation sponsored by Abbott Nutrition: http://abbottnutrition.com</i></p>

**Contact hours for this continuing nursing education activity have been submitted to the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Please contact Jill Rice at IHCA-ICAL for more information about contact hours.

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11:45am-1:00pm	Lunch & Exhibit Visits
1:00pm-2:00pm (1)	<p>Are Pressure Ulcers Avoidable? <i>Joyce Black, PhD, DNS (Hon), RN, CPSN, CWCN, Associate Professor, UNMC, College of Nursing, Omaha, Nebraska</i></p> <p>Pressure ulcers are often considered a medical error in that they are preventable with reasonable care. However, are there conditions where pressure ulcers cannot be prevented? If so, what clinical conditions create unmanageable risk and how should those situations be documented? The results of the recent NPUAP avoidable-unavoidable conference will be reviewed. Cases of pressure ulcers will be discussed for the participants to determine if the ulcers were avoidable.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Explain the tenets of avoidability • Describe clinical situations of extreme risk wherein pressure ulcers may not be avoidable • Examine cases of pressure ulcers and determine if they meet the criteria for unavoidable or avoidable pressure ulcers <p>Presentation sponsored by Molnlycke: www.molnlycke.com</p>
2:00pm-2:15pm	Break & Final Exhibit Visits
2:15pm-3:15pm (1)	<p>Incontinence-Associated Dermatitis <i>Mikel Gray, PhD, CUNP, CCN, FAAN, FAANP, Professor and Nurse Practitioner, UVA Dept of Urology, Charlottesville, Virginia</i></p> <p>This session will include a discussion of the epidemiology, assessment and treatment of incontinence-associated dermatitis.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Describe the epidemiology of incontinence-associated dermatitis (IAD) • Discuss the assessment of IAD • Review the prevention and treatment of IAD
3:15pm-4:00pm (.75)	<p>Expert Panel Discussion <i>Teresa Conner-Kerr, Mary Litchford, Joyce Black, Mikel Gray</i></p> <p>Our expert speakers will come together in a panel discussion designed to more fully explain pressure ulcer prevention, treatment, and your role as a healthcare provider in caring for residents/patients.</p>
4:00pm-4:30pm	Wrap-Up & Evaluations

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Saturday, November 6, 2010

<i>7:30am-8:00am</i>	<i>Registration & Check-In</i>
<i>8:00am-8:15am</i>	Welcome & Introduction <i>Margaret Doucette DO, Medical Director, Elks Wound Center</i>
8:15am-9:00am (.75)	HBO: How, Why, When <i>Raymond Otto, MD, FACEP, Medical Director, Director of Hyperbaric Medicine, Elks Wound Center</i> This session will provide a review of what hyperbaric medicine is, what the indications of hyperbaric medicine are, and applications of hyperbaric medicine and how it affects wound healing.
9:00am-9:45am (.75)	Agging Skin: Risks of Injury & Delays of Healing <i>Warren Gude, MD, Elks Wound Center</i> This presentation will focus on the effects of aging skin and its ability to heal. After this session, attendees will have the ability to identify optimal wound healing, and the effects of aging & diabetes on the skin.
<i>9:45am-10:00am</i>	<i>Break</i>
10:00am-10:45am (.75)	Clinical Pearls: Case Study Presentation <i>Margaret Doucette DO, Medical Director, Elks Wound Center; Marlene Olson, NP, CWOCN, Elks Wound Center; Alison Beck, MPAS, PA-C, Elks Wound Center</i> This session will provide a review of clinical applications for a multidisciplinary team's care. Using a case study format, presenters will address the roles of various disciplines on the wound team, treatment options, interventions, and outcomes.
10:45am – 11:00am	Wrap-up and Evaluations

Event Support Provided By

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About our Speakers

Courtney H. Lyder, ND, GNP, FAAN, was appointed professor and dean of the University of California, Los Angeles (UCLA) School of Nursing in August of 2008. He is also assistant director of the Ronald Reagan UCLA Medical Center. Previously, Dr. Lyder had been a professor of nursing and geriatric nursing at the University of Virginia (UVA), where he chaired the department of acute and specialty care in the school of nursing and led 25 full-time and 22 part-time faculty members. In 2006, Dr. Lyder was appointed director for diversity initiatives for the UVA School of Nursing and Medical Center. Dr. Lyder is also a senior consultant to the U.S. Department of Health and Human Services, where he has influenced federal regulations and policies related to elder care throughout the United States. As a principal investigator or coinvestigator, Dr. Lyder has received nearly \$12 million over the past 15 years in research and training grants related to the care of older adults. Between 1994 and 2003, Dr. Lyder served on the faculty at the Yale University School of Nursing, where he directed a number of programs specializing in adult, family, women's, and elder care, as well as chronic wound care. Dr. Lyder received his BS, MS, and ND from Rush University and his BA from Beloit College.

Teresa Conner-Kerr, PT, Ph.D., CWS, CLT, has over 12 years experience in physical therapy education and practice. She has dual certifications in lymphedema management and wound management. She is board certified at the diplomat level in wound management by the American Academy of Wound Management and has been elected to the Board of Directors of the Academy. She also serves as the Vice President of the Wound Management Special Interest Group in the Clinical Electrophysiology Section of the American Physical Therapy Association and has recently been elected to the National Pressure Ulcer Advisory Council. Conner-Kerr is the retiring Secretary of the Association for Advanced Wound Care and continues to serve as the Editor of the Association's Newsletter. She serves on the editorial or peer-review board of several national journals and has authored over 37 scholarly works in peer-reviewed journals and books and has had over 20 funded grants. She has presented extensively nationally and internationally on the topic of wound management technologies and practices. Her research focuses on new technology development and treatment strategies for encouraging tissue healing and managing wound bioburden.

Mary Litchford, PhD, RD, LDN, is president of CASE Software & Books, a professional and educational resource company. She is an acclaimed speaker, author, medical-legal expert and consultant to health care providers. Mary has built an international reputation for her many presentations, published articles and books on leading-edge clinical nutrition topics. She has authored awarding winning, state-of-the-art instructional software for health care science students and advanced level continuing education courses for nutrition professionals. Mary is a nationally recognized expert in the area of geriatric nutrition, laboratory assessment of nutritional status and nutrition for wound care, hydration management and protein nutrition. She has received numerous national awards for her contributions to the field of clinical nutrition.

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Joyce M. Black, PhD, RN, CPSN, CWCN, is an Associate Professor in the Adult Health and Illness Department. She has taught undergraduate students basic concepts, medical surgical nursing and ICU nursing. Dr. Black has received awards from UNMC and the College for her teaching. Her research areas of interest are in wound healing, specifically in pressure ulcers. Dr. Black's dissertation examined the patient and wound factors that contributed to healing or non-healing of diabetics with pressure ulcers. She is certified in wound healing, plastic surgical nursing and is a Fellow in the American Professional Wound Care Association. Dr. Black is the current President of the National Pressure Ulcer Advisory Panel and chairman of the NPUAP's task force to redefine pressure ulcer staging. Joyce is the Immediate Past President of NPUAP. She was the chairperson for the staging task force and the co-chairperson of the deep tissue injury task force.

Mikel Gray, PhD, FNP, PNP, CUNP, CCCN, FAANP, FAAN, is a Nurse Practitioner and Professor in the Department of Urology and School of Nursing at the University of Virginia in Charlottesville. Dr. Gray earned his masters degree as a pediatric nurse practitioner from the University of Virginia in 1981, and certificate as a family nurse practitioner in 2000. He earned a PhD in lower urinary tract physiology from the University of Florida, in 1990. Dr. Gray is licensed as a family and pediatric nurse practitioner and holds additional certification as a urologic nurse practitioner. He is Editor-in Chief of the Journal of Wound, Ostomy and Continence Nursing and a Board Member of the Society's Center for Clinical Investigation. He has lectured both nationally and internationally on topics related to urologic nursing, wound, ostomy and continence nursing and evidence based practice. A fellow in the American Academy of Nursing, Dr. Gray is past president of both the Society of Urologic Nurses and Associates and Certification board for Urologic Nurses and Associates.

Peggy Doucette, DO, Medical Director, ELK's Wound Center, has been involved in the clinical and research aspects of wound healing since her residency in Physical Medicine and Rehab at the University of Minnesota. She has pursued a career in the field of wound healing. Dr. Doucette relocated to Boise, Idaho in 1992. She established the first physician led multidisciplinary wound care program in the state of Idaho. She served as Chief of the department of Physical Medicine and Rehabilitation at the Boise VA Medical Center until 2005, to continue the full time community-based wound healing and hyperbaric medicine program. Dr. Doucette has been a clinical instructor for the University of Washington since 2001. The clinics provide a teaching venue for many health care professionals. She has jointly published several journal articles, book chapters and frequently presents to professional groups on topics related to wound healing. She also serves as the wound care medical director at Complex Care Hospital of Idaho.

Raymond Otto, MD, FACEP, Medical Director, Hyperbaric Medicine, ELK's Wound Center, is the Hyperbaric Medical Director for the ELK's Wound Center. In addition, he serves as the President of the medical staff at Southwest Advanced Care Hospital, where he is also the medical director of the wound care program. Dr. Otto is Board Certified in Emergency Medicine and Hyperbaric Medicine. He has been in the field of Hyperbaric Medicine and Wound Care since 1999. Prior to 1999, he was an Emergency Medicine physician in Wisconsin and Ohio and a helicopter flight physician in Ohio. Dr. Otto is a clinical instructor for the University of Washington. He has also held teaching positions at the Medical College of Wisconsin, as well as taught residents from the University of Wisconsin Hospital System.

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Warren Gude, MD, has been in medical practice for 15 years and is board certified in Emergency Medicine and Sports Medicine. He has practiced wound care and hyperbaric medicine at the Elks Wound Center since 2007. Dr. Gude currently serves as the medical director of the wound program at Nampa Care center. Dr. Gude graduated from the University of Texas Southwestern Medicine School and completed his internship at Emanuel Hospital in Portland Oregon. He completed his residency in Emergency Medicine at the University of Florida urban campus in Jacksonville, Florida and a primary care sports medicine Fellowship at Louisiana State University.

Alison Beck received her Associate's degree in Natural Science in 1999. She then went on to obtain her Bachelor's of science degree in Health Studies in 2003. Alison completed her Master of Physician Assistant studies from Idaho State University in 2007. She joined the ELK's Wound Center immediately after graduating with her PA degree and she has been with the Wound Center ever since.

Marlene Olson started her career as an RN and then went back to school to get her WOCN and then graduated with her NP degree in 2002. Since that time Marlene has practiced full time wound care. She has given several lectures on various wound care topic around Idaho. Marlene is a wound certified nurse and has been with the ELKS Wound Center since 2005.

Meeting Information

CEUs:

"IN" and "OUT" scans are required to receive CEUs. CEUs will not be awarded if you do not scan upon entering and exiting the meeting room at the designated times. Please refer to the on-site program for this information.

Minimum time requirements must be satisfied to receive credit. In addition to scanning "IN" and "OUT" at the designated times, you must satisfy the minimum time requirement in order to receive CEUs. Requirements are as follows: 1 CEU/Contact hour awarded for every 60 minutes of presentation/lecture.

Presentation Information:

All presentations and information shared will be presented fairly and without bias.

Non-endorsement of products displayed in conjunction with this activity:

Approved faculty directed activity status does not imply endorsement by the Idaho Pressure Ulcer Prevention Coalition, ANCC or WSNA CEARP of any products displayed in conjunction with an activity.

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