



IHCA-ICAL & IAHC Spring Workshop Agenda
 In partnership with the Idaho State University
 - Institute of Rural Health
 Friday, April 23, 2010 | Up to 6.75 CEU's Available!



7:45am - Registration and Exhibits Open on the Third (3rd) Floor of the Idaho State University Earl R. Pond Student Union Building.

8:00am-8:45am (0.75 CEU)

DNS Business Meeting & Breakfast Buffet | Please join Delta Holloway, DNS Section Representative, for a free breakfast and discussion of topics/issues related to your profession (limited to DNS & ADNS).

9:00am-11:45am (2.75 CEU)

MDS MDS 3.0: Positioning Your SNF for Clinical and Financial Success

Even though the MDS has been used for more than a decade, it continues to be re-tooled. Originally, it was projected the MDS would be revised every five years. Now, seventeen years later, the MDS 3.0 is scheduled for implementation in October 2010. In your role, you have an early opportunity to be positioned for clinical and financial success. This session will provide a comparison between the MDS 2.0 and 3.0. In addition, a detailed discussion of assessment types and scheduling will be presented as well as the new Care Area Triggers (CATs). Finally, the SNF and Swing Bed Prospective Payment System for the MDS 3.0 as it relates to the RUG-IV classification system will be discussed. The presenter for this session is Lisa Hohlbein RN, BS Education, RAC-CT, MSCN and Manager – Clinical Consulting Services, VCPI Professional Services.

CCP Potential Complications of IV Therapy With legal implications

During this session, Dr. Linda S. Smith, MS, DSN, RN, CLNC, Professor of Nursing, Idaho State University, will share her expertise in the area of IV therapy, how to avoid IV therapy complications, and what to do and document if an IV therapy complication occurs. Legal aspects of IV therapy will be identified throughout the session.

DD/MI Accessing the Power of Work without Losing Benefits

Beneficiaries of Social Security Disability Insurance and Supplemental Security Income can work without losing SSA benefits, Medicare, Medicaid and other public benefits. Suzie Hanks, a Community Work Incentives Coordinator with Disability Rights Idaho, will describe how people with disabilities can continue receiving various federal and state benefits while earning a wage through the use of SSA work incentives. Suzie will also discuss the common myths and misunderstandings that most often make people with disabilities, and those that support them, reluctant to pursue employment. Finally, participants will be given a list of resources and agencies that can assist them when told "You (or they) can't work. You (or they) will lose your benefits."

HH Practical Tools and Processes for the Clinical Front Line to Achieve Success for the Quality and Financial Bottom Line

Susan Carmichael, MS, RN, CHCQM, COS-C, Fellow of the American Institute for Healthcare Quality, Corporate Compliance Officer, Select Data, will give you the tools to assist with analyzing challenges and opportunities of OASIS-C, instituting evidenced-based practices and generating changing processes, and reviewing select basics with an eye on potential risk areas.

TRACK KEY:

MDS	MDS 3.0 SNF Interdisciplinary Team	ACT	Activities
CCP	Clinical Care Practice	AL	Assisted Living
DD/MI	Developmental Disabilities & Mental Illness	SNF	Skilled Nursing Facilities
HH	Home Health	PL	Plenary (All)
NS	Nutrition Services		

9:00am-10:30am (1.5 CEU)**PL & NS****Timely Tips: Hiring in the 21st Century & Unemployment Insurance**

Matt Thomsen, Supervisor, Employment Services and Unemployment Insurance, Idaho Department of Labor, will discuss what employers need to have in place upon hiring a new employee. He will also offer tips for maintaining a low unemployment insurance tax rate and what documentation and information an employer *MUST* have in place when letting an employee go.

ACT**Implementing a “Fit & Fall Proof” Program in Your Facility: Keeping Residents Active and Improving Balance & Mobility**

No matter what setting you provide care in, it is important to keep residents moving in a safe way. During this session Cherie Nelson, Southeastern District Health Department, Deanna Dye, PhD, PT and Cindy Seiger, PhD, PT, will not only share information about the “Fit & Fall Proof” program, but will practice exercise techniques you can take back to your facility today!

AL**NEW RULES! Ethical Billing & Admissions Practices**

When considering admittance of a new resident, it is necessary to provide a thorough review of the individual’s history and needs to determine whether your facility can *effectively* meet the needs of the prospective resident. Jeremy Garner, Administrator, Spring Creek-Meridian, Kris Ellis, IHCA-ICAL Lobbyist, and Robert Vande Merwe, IHCA-ICAL Executive Director will discuss the expectations of the Department of Health & Welfare when admitting a new resident. They will also discuss considerations for billing residents appropriately according to their “level of care”.

10:45am-11:45am (1 CEU)**PL & NS****Tips & Techniques for Hiring New Employees**

No matter what type of position you are looking to fill, there are steps that can and should be taken to ensure you are hiring the best employee for the job. Kent Duncombe, PHR, Sun Healthcare, will share tips and techniques you can use to get the most out of the interviewing process.

ACT**Activities for Dementia Care: Unlocking What Remains**

Julie Hyde, Activity Director and Brenna Ryner, Activity Assistant, Good Samaritan Society-Idaho Falls Village, will share ideas you can use to tap into the needs and wants of residents with Alzheimer’s and/or Dementia.

PL

General Membership Meeting

Legislative Report and Association Updates

11:45-12:45 (Lunch Break)**PL****LUNCHEON PRESENTATION—Communicating Empathy & Respect: Saying Less and Showing More**

Luncheon presentation with Linda S. Smith, MS, DSN, RN, CLNC, Professor of Nursing, Idaho State University. Dr. Smith will share therapeutic communication techniques such as listening with empathy and showing respect non-verbally and verbally. Special communication strategies for persons experiencing problems with hearing and vision will also be described. The session will end with communication dos and don’ts for cognitively impaired elders. **(Luncheon Cost is \$18/person; 0.75 CEU’s Available)**

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1:00pm-4:15pm (3.25 CEU's – informal break at 2:40)

MDS MDS 3.0: Positioning Your SNF for Clinical and Financial Success

Continued with Lisa Hohlbein RN, BS Education, RAC-CT, MSCN and Manager – Clinical Consulting Services

1:00pm-2:30pm (1.5 CEU's)

NS Eat, Drink, and Be Merry!

There are many things in life that bring us joy...one of those is eating great food! Meals can be exciting, new, and delicious, even when taking in considerations for chronic disease and/or illness. Diane Fager, RD, Grove Menus, will lead a discussion on meeting the special nutritional needs of your residents through organized meal planning for special diets, appropriate hydration techniques, and will give tips on how you can control costs.

ACT Socials, Outings, and Games...Oh My!

Hits and misses...they love it, they hate it...what works, what doesn't! Juli Hendrix, Activity Director, Fairwinds Retirement Community, will be the guide as you learn, see, and do activities for the older generation. Bring your ideas, comments, and questions!

DD/MI, AL, & SNF Best Practices when Dealing with Difficult Admissions & Discharges

A panel of experts will share best practices and resources available when "issues" associated with a resident are beyond the capacity of your facility. This includes Medicaid pending, behaviors, and declination of health.

HH Maximizing Safety While Maintaining Independence

During this session, Jay Anderson, OTR/L, Creekside Home Health, will discuss how to assist your patients while allowing them to maintain or gain independence. He will share the best techniques to keep both you and your patients safe from injury.

CCP Best Practices for Infection Control in Skilled Nursing Facilities

During this session, a panel of experts, including: Levi Ulin, Account Executive, Gulf South Medical Supply, Kent Van Leeuwen, Glucose Product Specialist, Gulf South Medical Supply, Sheri Rogers, RN, Vice President, Western Health Care, and Chuck Bosen, DNS, Caldwell Care Center, will identify and discuss equipment that may be involved in indirect transmission of infectious agents, how you should "decontaminate" the resident care devices, and appropriate policies and procedures outlining the process, including, monitoring of the process.

2:30pm - Last Chance to Visit Exhibits & Purchase Raffle Tickets...

Drawings will take place at 2:40pm!

Be sure to buy raffle tickets! We have hundreds of dollars in gift cards and baskets to give away!! All proceeds benefit the IHCA Foundation.

A huge "Thanks!" to those who donated: Pocatello Care & Rehabilitation, New Beginnings, Bridgeview Assisted Living, Beacon Rehab of Pocatello, Idaho Falls Group Homes & Grand Teton Services Group

More Sessions on the Next Page!

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2:45pm-4:15pm (1.5 CEU's)

PL & NS Blood Sugar Blues & Belly Fat – No Thong Leotards Allowed!

Do you love chocolate more than your spouse/child/mom/friend? Are you storing any extra fat in the belly? Is your mood a bit "variable", especially at work?! If so, please join Karen Donaldson, MS, RD, LS, for a FUN session on how carbs affect *everything* in the body (for residents and caregivers alike), and how to release fat stores with easy nutrition, mind-body, and strength moves. You CAN create balance and improve your health and the health of your residents!

HH Clinical Management of Diabetes in the Elderly

Jessica Chardoulas, Pharm D, PGY1 Pharmacy Resident, Diabetes and Pain Management, SLC VA – Pocatello CBOC, will review diabetic care with an emphasis on the aging American population. This discussion will include rationale for medication choices, common pitfalls in therapy, and how goals of therapy may evolve in the geriatric population.

PL, ACT, & CCP Behavior Management 101: Taking the 'bite' out of Behaviors

Behavior management is more than a 1-step process. Randy Vawdrey, COO, NP, Walk in Weightloss, Physicians Immediate Care Center, will walk attendees through monitoring behavior diagnosis, behavior planning, medications, and side effects. He will discuss addressing changes in resident health and mental state, and implementing changes prescribed by a physician/health care professional.

AL & SNF VA Benefits: Aid & Attendance

Aid and Attendance is a special non-service connected monthly pension that can help Veterans privately pay for the care they need in their homes, in assisted living facilities, or in nursing homes. Debbie Harmon, Service Officer, Idaho Division of Veterans Services, will discuss the ins and outs of A & A, and how providers can help their residents properly apply for and secure this benefit.

Platinum Partner



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Workshop Exhibitors

- **AAtronics Inc**
- **Grove Menus**
- **Northwest Mobile Services**
- **Mountain Land Rehabilitation**
- **Behavior Referral Network**
- **Gulf South Medical Supply**
- **Heartland Pharmacy**
- **Superior Care Pharmacy**

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